

Join us for the **6th Annual Paramount Holiday Run**

1 mile RUN (for grades K – 5th)

2 mile RUN (for grades 6th and Up)



Previous **Holiday Run** photos

Thursday December 5th

Registration Begins at 5:30pm

1st Race at 6:15pm

at the Paramount **High School Sr. Campus Track**

Bring Your Family and Friends!

- ✓ **\$3 Entry Fee**
- ✓ **Medals to top 3 finishers in each grade group**
- ✓ **\$8 Event Shirts**

Entry Form on the other side



6th Annual Paramount HOLIDAY RUN

Thursday evening, December 5th

at the Paramount High School Sr.Campus Track

5:30 pm Registration Begins

6:15 pm Girls K-5th gr. 1-mile run

6:40 pm Boys K-5th gr. 1-mile run

7:00 pm Girls 6-8th gr. 2-mile run

7:30 pm Boys 6-8th gr. 2-mile run

7:55 pm OPEN race (grades 9th and up, including adults)

****Awards will be given to the top 3 finishers in the following grade level groups: K-1st, 2nd-3rd, 4th-5th, 6th, 7th-8th, 9th-10th, 11th-12th, post 12th**

\$3 Entry Fee (to be paid at the event)

Please bring the following entry form with you to registration on race day:

_____	_____	_____	M or F	_____	_____
RUNNER's FIRST Name	PRINT LAST Name	AGE	Gender	GRADE	SCHOOL
_____	_____	_____	(____)	_____	
Street Address	City	Zip Code	Parent's current Phone Number		

Waiver: (must be signed)

I, the undersigned, in consideration of my acceptance to participate in this 1-mile/2-mile run event at Paramount High School and intended to legally bind myself, my heirs, executors, administrators, next of kin, and assignees, do hereby release and hold harmless Paramount HS, Paramount USD and its employees, the City of Paramount, and any all cosponsors, or any individual associated with this 1-mile / 2-mile run event from any and all claims, actions, damages, liabilities, and expenses on account of injury to any person or property while traveling to and from, participating in, or serving this 1-mile/2-mile run event, I further attest that the undersigned is physically fit and adequately trained to participate in this event.

_____	/	/	19	_____
Participant's Signature	Date	Parent / Guardian SIGNATURE		

_____	_____
Current E-Mail Address	Parent's Name - PRINT